

Spinner® Bottom Bracket Screw/Washer Update

Spinners® Pro (6800/7070), Elite (6900/7080), NXT (7000/7090) & eSpinner® (7140)

This document describes the procedure to replace the screws on the bottom bracket (PN: 800-4030) on Spinner bikes and update it with the Screw/Washer Kit (PN: 740-7512 see Fig. 3).

Step 1.

Remove dust cap (Fig. 1).



Fig. 1

Step 2.

Unscrew the old screw from the crank (Fig. 2) using either a 13mm or 14mm socket (depending on the size of the old screw on your bike).

Turn counter-clockwise to loosen the screw.

Inspect the threads inside the bottom bracket for damage and debris. Clean if needed.



Fig. 2

Step 3. Add the washers to the socket head cap screws from the kit (Fig. 3).

Step 4. Add a drop of Loctite 242 (included in kit) to the threads of the screws (Fig. 4).

You must only use the washers included in the kit.

If you use a different washer or do not use this washer, serious injury will occur.

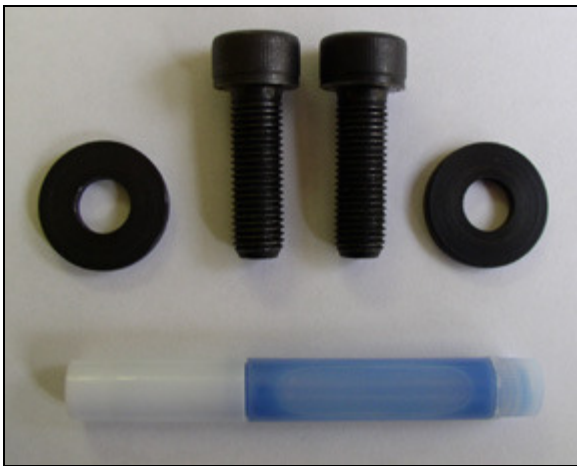


Fig. 3

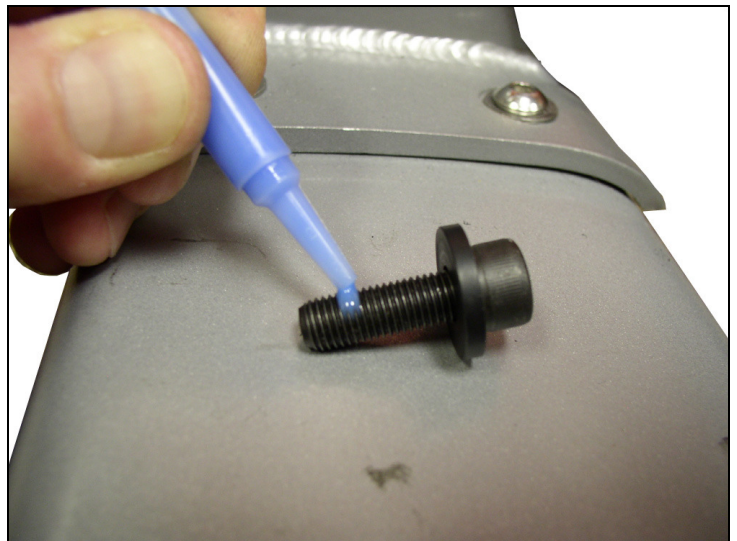


Fig. 4

Step 5. Carefully screw in the screw with washer using a 6mm Allen wrench.

Turn clockwise to fasten the screw. Tighten the screw with a torque wrench to 35 foot pounds.

DO NOT OVER-TORQUE SCREWS PAST 35 FOOT POUNDS.

Step 6. Put the dust cap back in place.

Step 7. Verify that the crank and pedals are tight and secure.

Step 8. Test bike for proper function.



Fig. 5